




mahmee

maternal healthcare, delivered.






Breastfeeding

Benefits of Breastfeeding

Successful




For Babies

- Nutritional Benefits:** Breastmilk contains the perfect combination of nutrients in just the right amounts. Its composition changes to meet the nutritional needs of babies as they grow.
- Immune System Benefits:** A mother's rich "first milk" (called colostrum) contains antibodies that help protect her newborn against disease.
- Oral Health Benefits:** Breastfeeding promotes proper jaw and teeth development.
- Growth and Development Benefits:** Breastfed babies tend to have an early growth spurt, and they are less likely to become obese as adults. Research suggests that breastmilk promotes optimal brain development.



For Mothers

- Postpartum Benefits:** Breastfeeding immediately after giving birth causes the mother's uterus to contract, reducing the risk of postpartum bleeding. Breastfeeding also helps women return to their pre-pregnancy weight more quickly.
- Health Benefits:** Women who have breastfed are at a lower risk for developing certain cancers later in life, including breast and ovarian cancers. For women who have had gestational diabetes, breastfeeding helps reduce the risk for developing type 2 diabetes.



\$400
Breastfeeding

\$200
Nutrition

\$1,200
Mommy & Me



Team



Linda Hanna, MSN/Ed.
Director of Care (Founder)



Melissa Hanna
Chief Executive Officer



Jordan Landers
Lead Data Scientist (Founder)



Scott Berkley
Full-Stack Engineer



Monty Lennie
Full-Stack Engineer



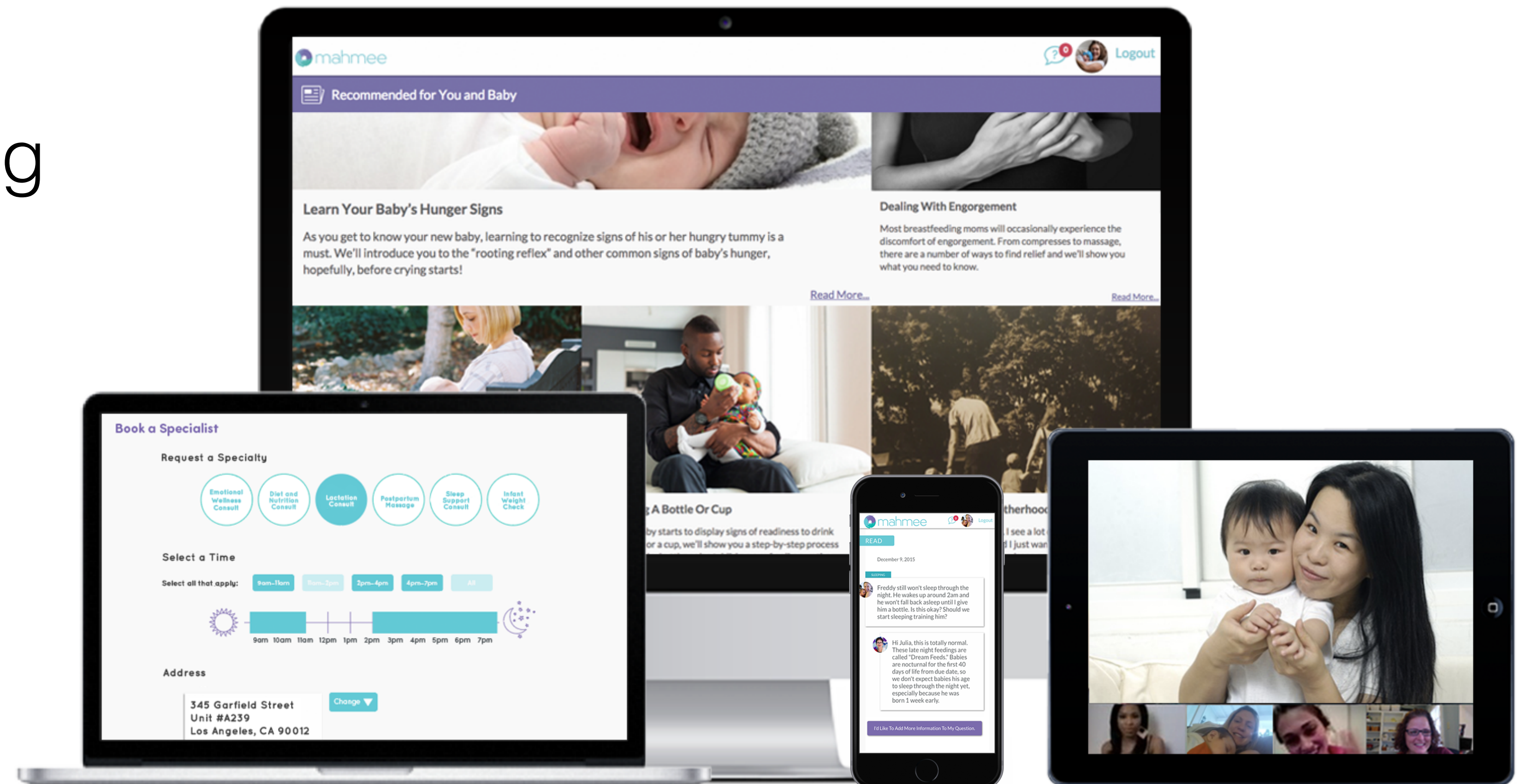
Megan Manzi
Community Director



Alec Emmons
Web Designer

Digital Healthcare for New Moms

- Appointments
- Direct Messaging
- Live Webinars
- Digital Content



\$560

Average Purchases
in First Six Months



\$360K

Annual Run Rate



Get in touch!
founders@mahmee.com
angel.co/mahmee

